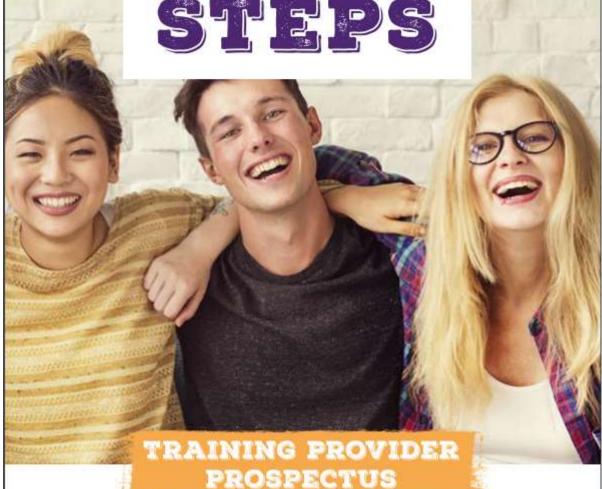
YOUR NEXT STEPS











Many congratulations on completing your secondary education here in South Tyneside, the next step of your journey is an exciting one and one that will set the tone for your future career and adult life.

We understand that you, like many young people across the country, may be feeling nervous about what your next steps look like. Your Next Steps is here to support you with the transition between secondary and further education or training.

In this YNS prospectus, you'll be able to find out more about what local training providers are offering from September as well as find out where to look for information about what local colleges and sixth forms are offering and where to go if you would like to find out more information about apprenticeship vacancies.



Use our matrix below to get a brief overview of the type of training you can access through each provider, then head to their overview page to find out more.

| | Page | Study Programme | Apprenticeships | Traineeships |
|---|------|-----------------|-----------------|--------------|
| Chameleon Vocational Training (CVT) | 6 | × | × | |
| Community First North East | 7 | x | | |
| Foundation of Light | 8 | × | | x |
| LEAD Education | 9 | x | | х |
| Learning Concepts | 10 | × | | x |
| MPCT | 11 | x | | |
| Princes Trust | 12 | | | |
| Resources North East | 13 | × | × | х |
| SETA | 14 | × | x | |
| Springboard | 15 | × | × | |
| South Tyneside College | 16 | × | x | |
| South Shields Marine School | 17 | x | | |
| TDR | 18 | × | x | |
| Training in Care | 19 | × | | |
| TRN (Train) | 20 | × | × | x |
| Zenith | 21 | | x | |
| Autism Able | 24 | × | | |
| Epinay Business and Enterprise Schools | 25 | | | |
| Keelman's Way School | 26 | | | |
| Groundwork South and North Tyneside – Route2Work College | 27 | × | | |
| Project Choice | 28 | x | | 10 |

While you explore your options, you may not be familiar with some of the language used. Below we've answered some of those potential questions:

What is a Study Programme?

Your study programme is a tailored package of qualifications available to you post-16, it's like an individual learning plan based on your qualifications, what you want to do next, and any career plans you have.

Each person's programme will vary – your training provider will explain how your programme details reflect your individual needs, abilities and ambitions.

You'll spend most of your time studying an academic or vocational qualification. Whether you are studying one or more qualification these will be included in your study programme.

There's a range of activities to support your progression to help you develop personal, study and employability skills.





What is an Apprenticeship?

Apprenticeships enable you to earn a salary and gain a qualification at the same time.

When you're an apprentice:

- you get paid and train at the same time, with at least 20% of your time spent in off the job training, often at a college, university or with a training provider
- you train to be fully competent in your chosen occupation
- you're on a career path with lots of future potential for you
- Your apprenticeship can take between one and six years to complete, depending on which apprenticeship you choose, what level it's at, and your previous experience.

There are hundreds of different apprenticeships to choose from. Whether you're at the start of your career, want to change career direction, or if you're returning to work after a break.

All apprenticeships make sure you're 'job ready' for the role you have trained for. For more information about apprenticeships and to search for current vacancies, you can visit www.gov.uk/applyapprenticeships

What is a Traineeship?

Traineeships prepare young people for future careers by helping them become work-ready. They are for 16 — 23 year olds, and young people with learning difficulty assessments up to age 25.

Traineeships last from six weeks to six months, with content tailored to your individual career needs. They offer

- work preparation training gives you the skills and confidence needed for an apprenticeship or the first step in your career
- skills you need to find a job employers are at the centre of traineeships, so they focus on your skills and future success in employment
- maths and English support developing the skills you need for the workplace and boosting your job prospects, your long-term career progression, and earning potential
- work experience you'll get an insight into work, a useful reference, and an exit interview (or even a job interview if a role becomes available)
- an improved CV traineeships give you great experience both practically and on paper





CHAMELEON TRAINING

What is on offer:

Chameleon Vocational Training has strong links with automotive industry employers across the North East. Our range of training, qualifications and apprenticeships can increase your employability by equipping you with the skills and knowledge employers within the industry are searching for.

Chamelean

Our automotive study programmes are available at Level 1, 2 and 3 and are delivered over 2 days a week for 36 weeks from our base in Washington - all levels combine a mix of both practical and theoretical teaching to help you progress into an apprenticeship or further training.

We also offer apprenticeship training in both Light Vehicle and Autocare Technician apprenticeships.

HOW TO APPLY

To find out more about Chameleon Training, visit our website or give us a call. We will then arrange a visit for a tour of our centre and discuss all courses with you on an individual basis to ensure you get the course that is right for you.

Contact: Shaun Welch



shaun.welch@cvt-uk.com



0191 3406060



www.cvt-uk.co.uk

COMMUNITY FIRST NORTH EAST

What is on offer:

You will study one vocational aim from the menu below alongside Maths, English and added nonaccredited qualifications which will enhance your employability skills in key topics such as budgeting, healthy living, politics and current affairs. You will also have the opportunity to complete shorter qualifications in areas such as Mental Health and Stress Awareness.

Vocational Aims:

- Childcare
- · Teaching and Learning
- · Health and Social Care
- Occupational Studies

You will study at Chichester House in South Shields for 16 hours per week between 09:30 and 15:00, you may be eligible for a bursary which we will discuss with you once you apply, we'll also be able to support with finding appropriate childcare if needed.

Following your study programme, you could progress into

- · Higher level qualifications in your vocational area
- · Higher Education
- Employment
- Apprenticeships/Traineeships





HOW TO APPLY

To find out which course is the best for you, contact Gill who will organise a time to have a chat where we'll find out more about you and your career plans.

Contact: Gill Tate

gill@communityfirstnortheast.org.uk



0191 4936990





FOUNDATION OF LIGHT

What is on offer:

Designed to increase motivation and self-esteem amongst participants, our interactive Back in the Game course consists of a mixture of classroom, practical and physical activities which all enable participants to enhance their employment prospects.

On this programme you will:

- · Gain nationally recognised qualifications
- · Get help with CV writing, job seeking, interview techniques and application support tailored to your
- · Real job opportunities matched to your skills and experience

We also offer a traineeship in Sport & Leisure which where you will complete Sport and Work Skills as the core aims and will receive a work placement. Support is also available if you need help with your English and maths knowledge.

HOW TO APPLY

Before enrolling, participants will be able to tour the facility and meet their tutors. Tutors will provide details of the programme, qualifications on offer and opportunities for work placements, course activities and progressions after course completion. Participants will be able to see the World of Work Zones at the Beacon of Light, including how these can be used to support practical employability experience through their course.

Contact: Neil Jones



Neil.Jones@foundationoflight.co.uk



0191 563 4777

LEAD **EDUCATION**





What is on offer:

LEAD Education is a North-East based training provider offering high quality education and development courses incorporating leadership and adventure. We are a BTEC approved centre delivering programmes in sport, outdoor education, dance & musical theatre.

Lead Academy is our 2 year, full time education programme where learners will work towards a BTEC Level 3 Extended Diploma in Dance or Musical Theatre (equivalent to 3 A-levels). This programme provides amazing progression opportunities such as university degree programmes or audition directly for advanced training in the dance industry to specialist schools.

With a 98% success rate, our sport programmes give you the opportunity to achieve a BTEC Level 3 qualification while developing your coaching, leadership and outdoor education skills, you can also complete a Duke of Edinburgh Gold Award and First Aid Training.

Previous learners have gone on to train in top outdoor education and sports universities in London, Scotland and the Lake District - others have secured employed in outdoor education centres in the UK and Internationally including Dubai.





HOW TO APPLY

Find out more about both programmes via our websites or drop us an email and request an application form.

Contact: Steve Mann



steve@leadeducation.co.uk



07944102606



www.leadeducation.co.uk www.theleadacademy.co.uk





LEARNING CONCEPTS

What is on offer:

Our study programmes last between 6 - 12 weeks and are made up of 3 main elements. Our programmes are designed and tailored to ensure that on successful completion you are prepared to take your next steps in to further training, education or employment.

The programme consists of Work Preparation, Maths and English (where required) enrichment activities with an optional work placement. The Work Preparation element is designed to prepare you for the environment which you are interested in working in and give you an insight of the procedures, policies tasks and activities included in that sector. Where Maths and English are required, we will support you to achieve up to Level 2 in both subjects. Enrichment activities will be incorporated to enhance your soft skills, job application, CV writing and time management.

We currently offer Study Programmes in Retail, Warehousing, Construction (CSCS) Security (18+) Customer Service and Care.

HOW TO APPLY

To discuss which programme is best suited to your intended career, contact us for a conversation about your options.

Contact: Toni Britton

toni@learningconcepts.co.uk



0191 428 3304



https://learningconcepts.org.uk/





MILITARY PREPARATION COLLEGE SOUTH SHIELDS

What is on offer:

Our course are designed to give learners the skills needed to start their journey towards a rewarding career in the British Armed Forces or to progress on to further education or training.

At the college, you will follow a weekly routine of activities and learning. This includes vocational training, physical training, English and Maths, military training days and assessments. Our curriculum covers a wide variety of skills development, including public speaking. The skills and confidence needed are gained through practice of preparing and delivering icebreakers and presentations. Learners will always have the support of their peers and their instructor every steps of the way.

Problem-solving and leadership skills are essential in the Armed Forces and civilian employment. You will take part in a range of problem-solving activities both in the field, and in academic lessons. The ability to work effectively as a team member will be essential to your success. There are many leadership opportunities at the college, and we encourage all of our Learners to challenge themselves to be more than average.



HOW TO APPLY

Recruitment process is very simple, just click apply now at the top or our website and a member of our learner support team will get in contact to talk through the enrolment process. You could be enrolled and joining in with your new college in a matter of days.

Contact: Richard Harnott

53

Richardharnott@mpct.co.uk



07502 094981



https://mpct.co.uk/military-preparationcollege/apply-now/





PRINCES TRUST

What is on offer:

We offer a variety of employability and confidence programmes for 16-30 year olds who are out of education, employment and training:

Our Explore programme is individually tailored to meet your needs at a pace that is suitable for you – you'll take part in group activities including one-to-one support to develop your confidence and skills as your work towards your goals.

You could then progress onto our 12-week full time TEAM personal development programme. Boost your confidence and take part in employability sessions. Develop skills in teamwork and community action by engaging on a work-based placement and opportunity to attend a residential to take part in adventurous activities If you want to develop your vocational skills our **Get Started** programmes offer short courses to help you
develop your skills through practical activities, giving
you the confidence and motivation to move forward
with your life.

We also run a range of **Get Into** programmes throughout the year which are delivered with employers like M&S and Greene King. These 2-4 week programmes give you an insight into the world of work and give you direct work experience within an industry.

Finally, our 1 week Employ Me programme is designed to build you confidence and communication skills and is a mixture of self-directed learning and online group sessions. Support with CV writing; cover letters and online job applications, customer service skills workshops, interview technique and mock interview sessions.

HOW TO APPLY

Send an email with your name and contact number and a brief outline of what support you are looking for and one of the local team will call you back. Alternatively, you can speak to an advisor through the Live Chat option on the Prince's Trust webpage.

Contact:



princestrustne@princes-trust.org.uk



0800 842842



www.princes-trust.org.uk

RESOURCES NORTH EAST

What is on offer:

With over 150 progressions into apprenticeships each year from our study programme and traineeships, our programmes are the perfect start to your career. Our study programmes, which are delivered over 30 hours per week up to 20 weeks cover.

Painting and Decorating – You'll develop the basic skills needed to be a painter and decorator including decorative finishes, cutting in and rolling paint.

Bricklaying – You'll learn how to install cavity walling, straight brickwork skills, use of tools, time management and critical health and safety requirements needed in the role.

Joinery – You'll begin to understand basic joints, installation of door frames, door hinges and locks. You'll complete a work-based project to further develop the skills employers demand of you including fitting of kitchen units and counter tops.



HOW TO APPLY

For more information visit our website and complete the referral form, alternatively give us a call or ask your Connexions Advisor to arrange a call back. Contact: Tracey Rutherford

0191 483 7002

www.resourcesnortheast.co.uk/





SETA

What is on offer:

We deliver industry recognised training to help you provide a launchpad for careers in engineering, manufacturing and related industries.

Our apprenticeships span a variety of sectors and career pathways including:

Engineering - A paid apprenticeship with a company for 42 months consisting of foundation training at Seta for 6 - 9 months depending on the technical area you're looking to develop. This course has three main components with 37 hours a working week, starting at 8 - 4 Monday till Thursday and 8 - 1 on a Friday. This will take place at both Seta and the employers' workplace.

Our Business Administration, Production and Warehousing apprenticeships take place over 18 months within a local company within the relevant sectors with learning taking place within the workplace - all apprenticeships will be completed over a 37-hour working week.



HOW TO APPLY

Apply online at www.seta.co.uk/apprentice/ apprentice_form/

Within 24 hours (or Monday if you apply after 12 on a Friday) you will receive an email from us. This will ask you to do two things.

- 1. Complete an online assessment test (details will be given)
- 2. Register for our online CV Writing/Interview Techniques workshop (Link will be given)

This email will come from Nathan.lyle@seta.co.uk Please add this e-mail address to your safe senders

Once you have completed the assessment test and CV Writing/Interview Techniques workshop we will invite you in for a socially distanced interview to discuss what sort of apprenticeship you are looking for and what areas you are willing to travel to.

Contact:



Apprentice.applications@seta.co.uk



0191 416 2860



www.seta.co.uk

SPRINGBOARD

What is on offer:

Our study programmes are available in a variety of vocational specialisms that will help you progress into further training or employment in the sector you choose.

Each of our full time study programmes are approximately 16 hours per week and vary in level from Level 1-3 which are either delivered in Jarrow or Sunderland, it also includes English and Maths up to GCSE.



You can choose a vocational specialism in the following:

- · Adult Care
- Childcare
- Construction
- · Hair & Beauty
- · Health & Social Care
- Horticulture
- Hospitality
- Vehicle Maintenance
- Warehousing

We also offer a range of apprenticeships in the following sectors:

- Business Administration
- · Customer Care
- · Leadership & Management
- · Retail

HOW TO APPLY

Contact Springboard via our phone line or via Facebook (SpringboardNE) or website and complete a contact form. A member of our engagement team will contact you to confirm either a phone appointment or where possible a face to face appointment on site. Once you've been accepted onto your course, we will ask you to complete an enrolment form and complete initial assessments.

Contact:



contact@springboard-ne.org



0300 003 7073



www.springboard-ne.org.uk

SOUTH TYNESIDE COLLEGE

South Tyneside College

What is on offer:

We offer a huge range of vocational courses and apprenticeships, so you can really find your future at South Tyneside College. With a range of vocational areas including engineering, sport, creative media and forensic science, we're sure there'll be a course or apprenticeship for you. With strong employer links, you'll be exposed to the workplace and develop an understanding of the skills employers are looking for when recruiting. Some of those employers include, NHS, Leibherr, Mercedes Newcastle & Sunderland, Washington Metal Works and Cleadon Academy.

It doesn't matter if you've decided to study a vocational course or an apprenticeship; you will need to take English and maths qualifications with you. Employers look out for them, so you need them they are a must on your CV.

That is why we include GCSE maths and English, or a recognised functional qualification, with every course and programme we offer.

To view the full offer available to school leavers, head to stc.ac.uk





HOW TO APPLY

Browse all of our courses on our website. Once you've found the right one for you, just click "Apply Online". Depending on the course you've applied for, our Student Services Team may arrange an informal telephone interview with the course tutor. Don't worry, any interviews will be very informal and are an opportunity for you to ask any questions you may have about the course.

Contact: Jessica Wells

Jessica.wells@tynecoast.ac.uk



0191 427 3500



www.stc.ac.uk

SOUTH SHIELDS Marine School

South Shields Marine School has specialised in world-class maritime education and training since 1861. We have transformed the delivery of education in this industry with our state-of-the-art facilities, industry expert lecturers and specialist programmes.

Our one year Pre-Cadetship programme covers both navigation and engineering, allowing you to experience what a maritime career is really like in both disciplines. Once completed, you will have the opportunity to progress on to a funded sponsorship with a shipping company, where you'll be able to travel the world while being paid for it! In a world that is ever changing, a career at sea provides fantastic opportunities in an exciting sector where no two days are the same.

As recent Queen's Award winners, you can be rest assured your future is in safe hands. Not only will you learn key skills, make friends and build your confidence, you will have the opportunity to navigate and steer a ship in our multi-million-pound Simulation Centre, manage critical controls in our engine rooms and get a real feel for what a career at sea is all about.

Entry Requirements

Level 2 Pre-Cadetship Engineering

· 4 GCSEs Grade 3/D (including Maths, English and a science)

Level 3 Pre-Cadetship Engineering

· Level 2 Pre-Cadetship (Level 2 Diploma in Engineering) or 4 GCSEs grades 4 or above (including Maths, English and a Science)

Level 3 Pre-Cadetship Deck

· 4 GCSEs Grade 4/C (including Maths, English and a science)

Please note that all applications will be considered on an individual basis.

HOW TO APPLY

To submit an application, please visit our website or send an email.

f you require further information or a more in depth one-to-one discussion, please get in touch with our Marine Department by calling us.

Contact:



shipping@stc.ac.uk



0191 427 3517



www.stc.ac.uk/marine







What is on offer:

Students on our Engineering Apprenticeship Access Programme study a level 2 Diploma in Advanced Manufacturing and Engineering with the opportunity to progress onto a Level 3 Apprenticeship in the following areas:

- Mechanical Engineering
- Design Engineering
- · Project Engineering
- · Electrical Engineering
- Electronics Engineering
- CNC Machining
- PLC Instrumentation and Control Engineering
- · Fabrication & Welding
- Maintenance Engineer



The Access Programme is delivered over one year and you will be studying 37 hours per week at our training centre in Newcastle.

We also offer a variety of non-engineering apprenticeships including Customer Services, Business Administration, Laboratory Technician, Science Manufacturing and more. The full range of apprenticeships can be found on our website tdrtraining.co.uk

HOW TO APPLY

Head to our website and complete an application form. If meet the criteria, you'll be invited to one of our video interviews over Zoom. If you pass both zoom interview stage and has proven achieved / predicted grades, they will be added to TDRs Apprenticeship Candidate Register (ACR) where they will have the opportunity to be promoted to organisations looking to recruit apprentices.

Contact: Danielle Ditchburn

danielleditchburn@tdrtraining.co.uk



0191 491 1505



www.tdrtraining.co.uk

TRAINING IN CARE



What is on offer:

Training in Care has National Academy status in the Child and Adult care sector.

We work closely with employers to enable students into work, and offer a full Skills Bank of over 30 Endorsed and Accredited courses. Our Skills Bank responds to the needs identified by employers, the health and care sectors, and link directly into occupational standards. The duration of our study programme is set to accommodate your need and qualification type. Delivery is 16+ hours per week over 6-12 months, consisting of classroom and work placements within the sector.

Study Programmes:

The aim of our study programme is to help you achieve a clear understanding of the choice and opportunities for work within both the Child and Adult Care sectors. Once we have discussed your interests and career goals, you will be offered a place on one of the following programmes:

- · Level 1 Study Programme in Child and Adult Care
- · Level 2 Certificate for Children and Young People's Workforce Study Programme
- · Level 2 Diploma in Care Study programme
- · Level 3 Diploma for the Children and Young People's Workforce Study Programme
- · Level 3 Diploma in Care Study Programme

Our learners typically progress on to apprenticeships, higher education in nursing and teaching, and into employment.





HOW TO APPLY

Once you've contacted us, you will be invited to attend an interview to discuss your career aspiration and which course would be suitable for you. You will complete an initial assessment and are then placed upon a pathway to a career in the Care Sector depending on your current ability and future career choice. Bursaries may be available.

Contact: Lynne Sparkes

lynnesparkes@trainingincare.co.uk



0191 537 3529



www.trainingincare.co.uk





TRN

What is on offer:

With TRN you can undertake apprenticeships and traineeships that will help you develop skills that will lead you into employment.

We offer the following apprenticeships:

- · Adult Care Worker Level 2 Apprenticeship
- · Lead Adult Care Worker Level 3 Apprenticeship
- · Early Years Educator Level 3 Apprenticeship

Additionally your study programme will include; CV writing, interview preparation, job search, selfdiscipline and interpersonal skills.

Help with English and Maths and ongoing support if you don't have GCSEs A*-C Grade.

We also offer the following traineeships:

- Level 2 Traineeship Programme in Adult Social Care
- · Level 2 Certificate in Principles of Customer Service Traineeship programme
- · Level 1 Certificate in Construction Skills (Bricklaying)
- · Level 1 Award in Health & Safety in a Construction Environment qualification Traineeship programme.

HOW TO APPLY

Once you've completed your online initial assessment and TRN application form, you'll be invited for an interview with one of our Employment and Skills Coaches; at this point we'll also discuss work experience placements and course suitability.

Contact: Richard Whiteley

richard.whiteley@trainltd.org



0191 477 0840



www.trainltd.org

ZENITH TRAINING

What is on offer:

Zenith Training are experts at supporting young people into high quality apprenticeships. We work with organisations right across the North East who have vacancies in the following areas:

- Business Administration
- · Customer Service
- Manufacturing Operative
- Hospitality

Zenith Training's apprenticeship recruitment provides young people with free resources, advice and guidance. Designed with input from young people, service offers practical tools to support young people through education, transition into employment as a process of lifelong learning.





HOW TO APPLY

To organise a time to chat through your options and which route may be best for you, please contact Keith Oliver through the details below.

Contact: Georgia Callander

GeorgiaCallander@zenithtraining.org.uk



0191 427 4662



Alongside vocational training providers, you can also find out more about local colleges and sixth forms – head to their websites to find out more about their offer.

Newcastle College www.ncl-coll.ac.uk

Gateshead College www.gateshead.ac.uk

Sunderland College www.sunderlandcollege.ac.uk

Tyne Coast College www.tynecoast.ac.uk

St Joseph's Catholic Academy www.stjosephs.uk.net

St Wilfrid's RC College www.st-wilfrids.org Harton Academy www.harton-tc.co.uk

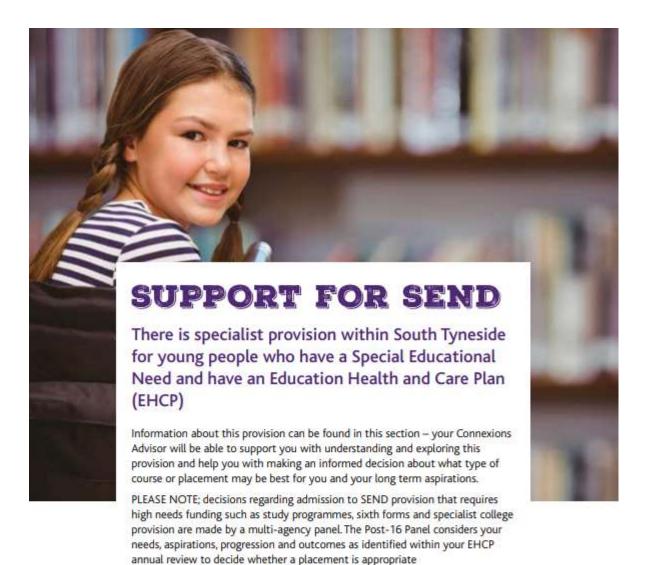
Whitburn Academy www.whitburncofeacademy.org

St Robert of Newminster www.strobertofnewminster.co.uk

St Aidan's Catholic Boys Academy www.staidanscatholicacademy.co.uk

St Anthony's Catholic Girls Academy www.st-anthonys-academy.com

Gateshead Learning & Skills www.mylearningskills.co.uk



Over the next few pages, find out more about what is on offer here in South Tyneside to support your skills, independence and knowledge.







AUTISMABLE

What is on offer:

AutismAble study programmes and traineeships are designed to help you develop skills that will help you progress into employment or further training.

The programme is designed around your skills and interests and can include the following: English, Maths, ICT, Skills for Employment, Training and Personal Development, Tutorials and a Work Placement.

The work placements on offer help you gain experience that will help you stand out and can vary from 2 hours per week to 1-2 days depending on your timetable and chosen career pathway.

Previous work placements have been with the NHS, Morrisons, South Shields FC and The Customs House. Within our Skills for Employment, Training and Personal Development course you have the choose to focus on a pathway linked to your future:

- · Business -- Business IT and business enterprise. To build on skills that are needed within a business / office environment.
- Customer Service / Catering Learning employability skills and what makes good customer service. Part of this course takes place in the kitchen where food hygiene and food preparation skills are taught.
- · Digital Media / Music learning music and media skills. Aimed at anyone with an interest in the media, this course explores creative media, performing arts, music, art, crafts, and design. You will learn filming and editing skills ready to create your own production and develop music and recording skills.

You'll also be able to participate in enrichment activities that will help develop your confidence and independence - this includes football, music, art, mindfulness, cooking and exercise - we also run a weekly social club which you can join.

HOW TO APPLY

Contact us for an initial chat and to complete a referral form.

We will then organise a visit to AutismAble to have a look at the facilities and to meet staff members and discuss further about course choices, support needs and taster days.

Contact: Karen Baines

karen@autismable.com



0191 4560894





EPINAY BUSINESS AND ENTERPRISE SCHOOLS

What is on offer:

Our 16-19 Study programme is designed to equip you with the skills and knowledge to give you the best start in your career and adult life.

The study programme curriculum is designed to celebrate success for all students. You will have a 4 day week bespoke timetable which will include two days placement/work experience. Your learning will be begin in September and will finish on the last Friday in June.

Prior to starting your study programme, our Key Stage 5 Leads will meet with you and your parents/ carers and put in place a personalised programme that meets your needs. We'll explore vocational pathways of study including:

- Catering
- · Business Administration/Customer Service
- · Sport and Leisure
- Horticulture
- Hairdressing
- ·Animal Care
- Mechanics
- · Skills for Employment, Training and Personal Development.

HOW TO APPLY

For more information please visit our website.

Contact:



www.epinay.org/6th-form-prospectus





KEELMAN'S WAY SCHOOL

What is on offer:

We provide relevant and stimulating experiences to support your progress and personal development. Our Post-16 offer is based at our school site in Hebburn and we offer bespoke programmes and courses of study to suit your individual needs.

At Keelman's Way we understand that each student is an individual. We pride ourselves on supporting each student with the best possible learning and medical support available. All students have access to a Public Health Nurse, Medicine and Inclusion officer (School Based), Community Nursing team (Where required), Physiotherapy, Occupational Therapy, Speech and Language Therapy Team, Educational Psychologist and Social Work Team (Children's & Adults).

Our Like Skills Curriculum is developed to build your independence and prepare you for adulthood, building on things like managing your money, cooking, travel training and social and employability

You will be given the opportunity to undertake a work placement through our Future Routes Internship Programmes as well as the choice to do a Duke of Edinburgh Award.

HOW TO APPLY

Please contact us by either email or phone. Further details can be found on our website.

Contact:



vscott@keeelamsnwayschool.co.uk



0191 489 7480



www.keelmanswayschool.co.uk

GROUNDWORK SOUTH AND NORTH TYNESIDE -ROUTE2WORK COLLEGE

What is on offer:

Our Study Programme offers a specialised programme for learners with learning difficulties, disabilities and autism . We offer a personalized programme for each learner to help them achieve their future goals

The vocational qualifications offered are either Animal Care or Land Based Studies. We are based at Jarrow Hall (formerly Bede's World) in Jarrow and have a small farm with livestock you will have the opportunity for hands on practical work with the animals and around the farm site.

As part of the Study Programme we also offer Functional Skills Maths and English - and you can practice their Maths and English skills working in our Coffee Shop within Marsden Road Health Centre.

You will be offered work placements/work experience as part of their programme to help them develop their skills for working life and independent living.

The programme runs over an academic year - from September through to July and learners attend 4 days a week, 9.30 - 3.30.





HOW TO APPLY

Before you apply, taster sessions will be organised for you to visit the college and get a feel for the course. Groundwork will then work with you to develop an individual transition programme with you prior to induction to ensure you are supported into enrolment.

Contact: Rachel Kitson

rachel.kitson@groundwork.org.uk



07894 256058

PROJECT CHOICE

What is on offer:

Project Choice is a supported training programme for young people with learning difficulties, disabilities and autism.

Our class sizes are smaller so than you can get more one to one support. Help from learning support staff as well as a teacher is available. If appropriate, you will be met when you come into college by your key support and teaching staff and you will have someone with you until you are picked up or leave college.

Project Choice is an award-winning programme that will provide you with the skills and experience you need to get into work. The programme is delivered by Gateshead College, with the support of private sector businesses. Through Project Choice, you'll have the opportunity to gain the skills and qualities you need to get a job. Our team will work with you to help you learn how to work as well as you can. As part of your study programme you will work towards gaining a qualification in employability skills which will support the practical tasks you carry out in your work placement.

You will also develop your maths and English skills as part of your programme, as these are key skills that employers look for. Project Choice programmes are based at our Baltic Campus and work experience takes place offsite with a local placement partner.



What skills will I gain from the programme?

- Independent living skills including daily living, health, relationships, community, leisure, travel and mobility.
- · Communication, maths and English skills.
- Opportunities to get involved in arts, sport and leisure
- Lots of practical skills through work preparation and work experience and a chance to try practical areas such as: catering and hospitality, sport, ICT and performing arts.
- Experience in the workplace whilst on work placements.





HOW TO APPLY

If you're interested in Project Choice please call or or send us an email.

Contact: Hamna Begum

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projectchoice@gateshead.ac.uk



0191 490 2427



www.hee.nhs.uk/our-work/talent-carewidening-participation/supportedinternships-project-choice

www.southtyneside.gov.uk/youngpeople

SOUTH **TYNESIDE** COLLEGE

What is on offer:

In addition to Mainstream provision, South Tyneside College have a range of foundation programmes which are tailored to meet the needs of students with a range of learning difficulties from mild/ moderate to severe and including students with autistic traits.

FOUNDATION OF LIGHT

What is on offer:

In addition to Mainstream provision, Foundation of Light have a range of foundation programmes which are tailored to meet the needs of students with a range of learning difficulties from mild/moderate to severe and including students with autistic traits.

HOW TO APPLY

Contact:



als@stc.ac.uk



www.stc.ac.uk/foundation-learning



HOW TO APPLY

Contact: Neil Jones



Neil.Jones@foundationoflight.co.uk



0191 563 4777

USEFUL CONTACTS

If you're still not sure which route you'd like to take and want to do some research before speaking to a Connexions Advisor, why not head to the following websites:

AMAZING APPRENTICESHIPS

www.amazingapprenticeships.com

Here you'll find information and resources to help you further understand what an apprenticeship is and how you can access them. You can also find out about your local Young Apprenticeship Network here in the North East.

CAREER COACH

www.southtyneside.emsicc.com

Career Coach helps you explore hundreds of career profiles, begin to create your CV with our interactive CV builder and take a career assessment to see which careers and job roles are suited to your personality.

UCAS

www.ucas.com

Explore your post-16 options, possible funding and career ideas. You can also discover more information about Higher Education.

PROSPECTS

www.prospects.ac.uk

Explore your ideal career, understand the routes to university and discover what it takes to write a stand out personal statement.

SKILLS SOUTH TYNESIDE

www.southtyneside.gov.uk/skillssouthtyneside

Browse local training providers offering study programmes and traineeships, you can also explore post-19 providers to think about your next steps.



For more information:

Connexions@southtyneside.gov.uk







