

# St. JOSEPH'S

Faith  
Learning  
Respect



# JOURNAL

Friday 5th  
February

## Message from the Head

Another week has passed by already and only one week to go until half term. I would like to take this opportunity to thank all our staff for their continued and amazing efforts in providing excellent lessons and support for our students. Your time and endeavours are greatly appreciated by all.

Sadly, Captain Sir Tom Moore passed away on Tuesday. A modern day national hero who answered the call of his country during both WW2 and in the COVID -19 pandemic. His consistent good spirits lifted the hearts of people around the world and his repeated saying "Tomorrow will be a good day," provides a message of perpetual hope and one we should all hold onto. I wish you all a lovely week ahead and please keep up your spirits and perseverance. Take care and stay safe,

Mr Mitchell



### This week's book recommendation:

#### **Tomorrow will be a good day by Captain Sir Tom Moore**

From the battlefields of Burma to the final astonishing lap of his garden as a centenarian to raise money for the NHS, this is the story of an incredible life of service from Captain Tom Moore. A modest, decent, charming man with a can-do attitude and a twinkle in his eye, Captain Tom's story is that of a man whose insatiable curiosity and appetite for life have led him around so many unexpected corners – finding both adventure and joy.



He only wanted to help other people – and yet he has inspired a nation to believe anything is possible by reminding us all it is never, ever too late.

### **You'll Never Walk Alone**

Oscar Hammerstein II and Richard Rogers

When you walk through a storm  
Hold your head up high  
And don't be afraid of the dark

At the end of a storm  
There's a golden sky  
And the sweet silver song of a lark

Walk on through the wind  
Walk on through the rain  
Though your dreams be tossed and blown

Walk on, walk on  
With hope in your heart  
And you'll never walk alone

You'll never walk alone

Walk on, walk on  
With hope in your heart  
And you'll never walk alone

You'll never walk alone

"Remember the blue sky. It may, at times, be obscured by clouds, but it is always there."

### **Remote Learning Support**

Remember to check your emails by 8.45 each day and to use [Support@stjosephs.uk.net](mailto:Support@stjosephs.uk.net) for any technical issues and the [homestudy-help@stjosephs.uk.net](mailto:homestudy-help@stjosephs.uk.net) email for any problems with work itself

### This Week in History

02/02/1901 – The funeral of Queen Victoria took place. Called the grandmother of Europe, her influence was so great the Victorian period is named after her. She died aged 81, a staggering feat considering life expectancy at that time was only into the early forties!

04/02/1945 – The first day of the Yalta conference to decide what the world would look like after World War Two. Attended by Churchill, Roosevelt and Stalin, the decisions taken in this meeting shaped the following decades and Cold War that dominated the world. Year 11 History students have studied this conference and its impact as part of their GCSE Conflict and Tension course.

06/02/1918 – a significant number of British women finally got the vote as a result of suffragist and suffragette campaigns, as well as the contribution women had made to the war effort. Women over 30 could vote provided they satisfied minimum property qualifications. It would another ten years before full gender voting equality!

### SAFEGUARDING

Safeguarding Leads in school are: Mr Mark Price Deputy Headteacher and Mrs Lewis -Dale Deputy Headteacher. Also your child's Head of House as first point of contact.

# St. Joe's Journal Ethos Reflection

## "You just gotta have faith!"



This week's Gospel reflection clip:

<https://www.youtube.com/watch?v=q8U6HGVJGU>

On Monday this week, we hear one of my all time favourite Gospel stories, often referred to as the healing of Legion, so called because in it, a man is tormented by a Roman Legion full of demon spirits. As Jesus arrives at the town where this poor, tormented man is, the spirits have huge respect for Jesus; for his power, his authority and his ability. Dare I say, they even believed in him. Jesus heals the man by the power of his faith and words, the spirits ask to be cast into a local herd of pigs and Jesus grants their request.

What I

love about this story is that it shows the amazing power of Jesus, it shows that even darkness cannot overcome him. Jesus is also clearly a compassionate, caring and loving person. He wants to heal Legion and Legion is so grateful for Jesus' help, at a time when his entire townsfolk had banished him to a cave due to the spirits within him, that he dedicates his life to spreading the good news that Christ brings.

We live currently in challenging times. Hopefully, we are beginning to see light glimmer at the end of this COVID tunnel, but what this Gospel reveals to us is that no matter how great the storm, no matter how severe the problem, with faith in Jesus Christ even the most insurmountable of problems or the trickiest of pandemics, can truly be overcome.

As the late, great George Michael once said, "you just gotta have faith" just like Legion did!

Have a great week and God bless you and your families.

Parents here is a top tip to encourage your son/daughter to do some house work, doing the dishes is actually holy work according to the 17th Century French monk Brother Lawrence. As a young man, Brother Lawrence felt called to the vocation in the local monastery. Full of hope and aspirations he set off to become a monk expecting to be given the task of healing the sick, helping the poor and teaching the Gospel. Instead, he was assigned washing up duty. At first he was annoyed at this, however, a senior monk encouraged him to make 'make his heart a chapel' and 'infuse his work with God'. Overtime, Brother Lawrence began to encounter Christ whilst doing the dishes and would have daily conversations with him in the kitchen

Just imagine that Hollywood was looking to create a new film about a CHRISTIAN superhero!

They are looking for a new amazing Christian superhero who could star in their film.

This week, your challenge is to design your very own Christian superhero, label your drawing and describe what their Christian superpowers would be.

Please submit all your entries to:

YoungA@stjosephs.uk.net Have fun and get creative!



**Northern Gas Networks**  
**Young Persons' Council**  
*The voice of young people at Northern Gas Networks*

The Young Persons' Council will be the voice of young people at Northern Gas Networks. It will provide young people's perspectives and Northern Gas Networks will ensure these young people's thoughts and opinions are put at the heart of the business' decision making.

By joining the Young Persons' Council:

- you will inform and influence the agenda and decisions of a major utility company
- expand your network and develop skills e.g. teamwork and debate
- increase your knowledge about UK energy infrastructure

ARE YOU...

- 14 - 19 years old?
- an innovative trailblazer?
- naturally curious?
- passionate about our collective future?
- interested in STEM\*, society, innovation & future energy solutions?

If so get in touch for a unique opportunity!

For further details please contact  
 Email: [youngpersons@nynorthern.co.uk](mailto:youngpersons@nynorthern.co.uk)  
 Tel: 01494666259

Trailblazer Curious Empowered

## Student top tips for online learning success!

Amber R

Work hour by hour and don't rush through. Try and submit your work as soon as you can so it so it doesn't build up.

Loyal B

Go to bed at a sensible time, maybe KS4 at 10pm and KS3 at 9pm.

Lucy F

Wake up with enough time for breakfast and to get everything turned on and logged in.

Erin R

Use your chat with friends in class to check on things if needed.

Niamh O

Make a list each day of your 5 subjects and the times, highlight if it is live then tick them off when you have done everything for the lesson.

Jamie B

Take a photo of your timetable and keep it on your phone so you can check.

Summer R

Wake up for school hours and set an alarm for school lesson times so you know when it is next lesson.

Olivia S

Sit at a table not on your bed to help you focus on learning and keep the things you need for school all together so its handy.

Deacon S

If you get finished early look up that topic on bitesize or iplayer to watch a video about it.

**Worries** are unpleasant thoughts that you can't get out of your head, and can leave you feeling anxious or apprehensive. Everyone has worries from time to time and this is normal. It's only a problem when your worries get



## Give me Five!

1. Have a cup of tea at an open external door or window
2. Turn up the music and dance like no one is watching!
3. Bake cookies or cupcakes
4. Eat one meal a day outside
5. Create a den—indoors or out—and enjoy reading in peace!



New online workouts with Mark Wright.  
 BBC2 8:45-9 am (just ready for lesson 1)

## Workout The Wright Way: Mark Wright fronts BBC's new fitness show for 11-16's

"I am so excited to be part of BBC Lockdown Learning and encourage teens to stay active during lockdown. The workouts I have created will energise them before a day of home-schooling and can even be done on their lunch break or in the afternoon as an extra boost" — Mark Wright

Fitness enthusiast and TV personality, Mark Wright will be encouraging teens to stay active and fit during lockdown in his new daily BBC series, Workout The Wright Way.

# Student of the Week!

Our very own Timo Mulligan (year 7) describes his flight from the English Lockdown in January and his subsequent extended holiday in Finland.

Greetings from Finland, or should I say terveisiä Suomesta

3 days before the Prime Minister's announcement about the start of the new lockdown, I was on a plane to be with my family in Finland. As the direct flights had been cancelled by now, I headed first to Netherlands and from there to Finland. That's the 1st thing one notices here, the children are expected to be more independent and flying solo is normal. Hence I have been doing it for few years now.

Since I arrived it has been snowing almost every day and everyone is doing "snow work" meaning spending their mornings clearing the path and driveway from snow. You could say, nice morning exercise.

The temperature has varied from -3 to -30c so far.

Kids start going to school by themselves immediately, currently one sees them pulling their schoolbag on sledge or heading to school carrying skis or hockey stick.

One would not think there is lockdown here. The schools are open, all shops, pubs and restaurants, soft plays operate as normal. There are some limitations that the place should not be crowded, though. But people do wear masks, and not everyone is allowed in swimming pools and spas. The sport events have restrictions. For example we have skiing and ski jumping competition taking place here but they have decided not to allow spectators.

I have my little brothers and two dogs here. That means being out, playing in snow, walking the dogs and going to forest paths. In winter most paths are assigned as skiing paths, and one uses these for just skiing. Machines make proper tracks in for cross country and freestyle on daily basis and most are lit until 10pm so people can exercise. Then there are winter cycle and walking lanes. Naturally bikes have fat studded tires and people shoes with spikes when Slippy. The city where we live has 20 miles of snow cleared cycle lanes too.

Now about the people. They are quiet, they seem very serious. When in the UK you walk on the street and just talk to each other, it is not the case here. Even though Finland has been rated the happiest country in the world I find most Finnish people hardworking and NOT very happy.

Because restrictions say its ok me and my mam took a day trip to Estonia my mams home country and believe it or not, I was in a pet shop and so bought a pet parrot for 7.00euro!



A traditional Finnish church



The old fortress called Suomenlinna. This was built by Finland in 1809 to keep Sweden and Russia out



In ww2 my great great grandpa named Johannes Santpa nk was the captain of the Estonian navy. He was born in Tallin but lived in a little village named Käsmu.

When Russia invaded Estonia, the Russian secret police—aka KGB— found him. These are some of the navy ships :



This is the boat we went on to Estonia



# Puzzle Corner

Each week you will find a new Numeracy puzzle.  
The solutions will be provided in the next newsletter.

## Square Mania

Fill in the blanks so that each calculation is correct

6	+		=	14
+		+		+
	+	9	=	16
=		=		=
13	+		=	

20	-	12	=	
+		+		+
25	-		=	13
=		=		=
	-		=	

Last week's answer

Crack the Code

The code was 164



## Riddles to Entertain!

Last week's answers are: 1. you sleep at night; 2. a palm tree; 3. she is blind (the book is in braille); 4. D (they are the first letters of the months of the year); 5. there is no smoke if the train is electric.

This week's riddles to tease your brain:

1. What has 13 hearts but no other organs?
2. What is so delicate that saying its name breaks it?
3. Why is 6 afraid of 7?
4. What number has all its letters in alphabetical order when spelled out?
5. What is always on its way but never arrives?

## Local Walk Photography Competition

We want you to take every opportunity to get outside and go for a walk during the current lockdown. We have lots of local walks and beautiful scenery on our doorsteps and we would love to see it.

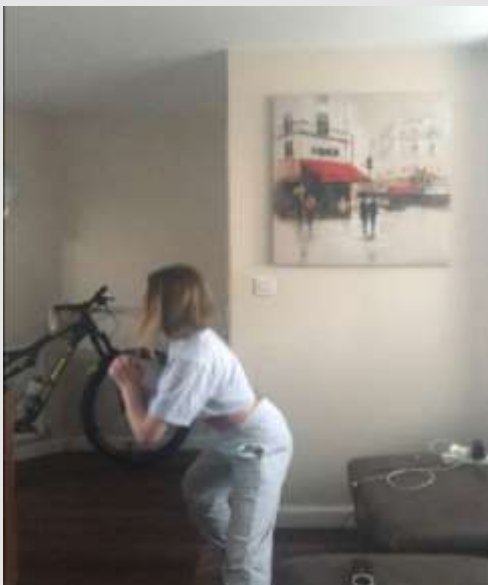
Send us a picture of your local walk, the winning pictures will be shared on social media with the top three images winning Amazon vouchers.

Please send all entries to [Cobainh@stjosephs.uk.net](mailto:Cobainh@stjosephs.uk.net) include your name and year group.

Competition ends 28<sup>th</sup> February. Get snapping!!



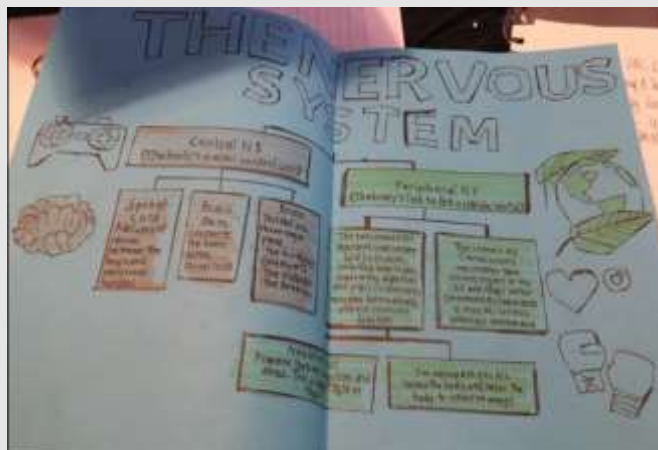
# St. Joseph's Shout Outs!



Jessica Devlin doing her P.E. workout



A huge **thank you** shout out to all our parents and guardians who have emailed / messaged / posted online their gratitude and praise for our hard working staff. It certainly gives all staff a lift after a hard day's work to know their efforts and graft is appreciated.




A super revision mind map of biopsychology from Fallon Scott in year 12



Fantastic Mandarin work by Anna Tripcony year 9

一二三...  
 请读...  
 我有一个妹妹...  
 我喜欢...  
 他...  
 我们...  
 他们...  
 我喜欢看书...  
 他不喜欢买东西...  
 我们上网...  
 他们看电影...  
 他们听音乐...  
 他们玩游戏...  
 他们看电视...  
 他们玩游戏...  
 他们看电视...  
 他们玩游戏...

### Global English: What are the features of Kenyan English?



**DEFINITION:**  
 Kenyan English is a local dialect of the English language spoken by several communities and individuals in Kenya and among some Kenyans living in other countries. The dialect contains features unique to it that were derived from local Bantu languages such as Swahili.

**ORIGINS:**  
 The English Language was introduced to Kenya along with the United Kingdom's colonisation of Kenya in 1895 when the East Africa Protectorate (area controlled by Britain in the late 19th century) was set up before becoming a colony in 1920. Swahili had been established as a trade language in most parts of the Swahili Coast at the time of colonization as well as being used in education. The British reduced the influence of Swahili and made English the language used in teaching in Kenyan schools. English remained in official use after Kenya's independence on 12 December 1963. The official languages of Kenya are still English and Swahili with Swahili being recognised as the national language. English is the language of big business, higher education and government.

A Level English Language Research by Faye Shanley

Erin Cockburn completing her abs workout




Well done to the following pupils have been working extremely hard on Hegarty Maths in the last week.

Year 11 - Liam Woolrych & Ruth Mwakobla  
 Year 10 - Katie Curry & Liam Harrison  
 Year 9 - Katelyn Best & Christopher Whyte  
 Year 8 - Jessica Devlin & Katie Cooper  
 Year 7 - Elisha Marshall & Maddie McManus

Will you be next week's Hegarty Heroes?

Some very impressive Artists of the week from year 9, who are studying



**Rosie Hall**  
**Layla Khanlarpour**

A sensational gruesome story by Emily Booth that she created in English for her Key Task on creating a disturbing horror character.

Remember, send your teacher a photograph of your work and you may very well appear in next week's newsletter! You can also send to HomeStudyHelps.

One night, a pungent damp smell wafted over my room. When I looked up my eyes lay on a bygone man. His jaw hung open. A long tongue appeared from the inertia of his mouth. His breath smelt like rotten fish. He said "I will let you know a secret - my breath smells of all the children I have consumed." Fear looked me in the eye. For an old man you would think his movements would be decelerating but in fact the man was expeditious as a jaguar. Suddenly, he wrapped his old crooked hand around my hair, giving a firm tug. I tried to scream but nothing came out. A little whimper consumed the room. He let out a cackling scream of joy. He looked at me with a pathetic look on his face as if I had done something to amuse him like a jester. Then the man's nails, that were sharp as if they were daggers, buried themselves in my skin. My face was in agony- it was swollen. Like millions of bees had stung the surface of my face. The wound was inches deep with blood squirting out of it like water. His teeth were like a wild dog and his chestnut eyes glistened in the night.

The man dragged his feet along the floor towards me, I could do nothing. I stood still like a statue. My limbs would not function at all, hoping for a better ending. The man's movements got quicker and quicker, faster and faster until he was inches away from my face and before I had time to dodge the blow. His fingers had ripped a gigantic whole in my stomach. I was able to see my organs. Some were rosy pink, some were violet. But I could not see them for long. My vision went hazy and everything went blurry. For sure this was my ending. I did not have the ending I hoped of. My ending was going to be the meal for this hideous monster, with his banana yellow teeth, and hairy arms. Everything about him was unpleasant -why was I going to die for the man's satisfaction? My senses had gone but I still heard the squelching of my organs in his mouth.