



Staying Safe At Home

A guide for students and parents/carers

Students



If you have a concern that you are at risk of harm or abuse or are worried about someone else you can contact:
 Police: 999
 Childline: 0800 1111
 Mrs Hammill at school: 0191 428 2700
hammillc@stjosephs.uk.net



It is important you stay safe online when completing your learning at home. You can visit these websites for advice and help if you feel unsafe:
 Childline: <https://www.childline.org.uk/>
 CEOPS: <https://www.ceop.police.uk/ceop-reporting/>



Your mental health wellbeing is so important, if you need advice or support you can contact:
 Life Cycle Service 0191 2832937 The South Tyneside and Sunderland Children and Young People’s Service Tel: 0191 566 5500 Kooth – online counselling service- <https://www.kooth.com/>

Parents/Carers



If you have a concern that you are at risk of harm or abuse or are worried about someone else you can contact:
 Children’s Services (ISIT) 9am—5pm:0191 4245010
 Children’s Services (Out of Hours) 5pm onwards: 0191 4562093
 Police (non emergency): 101 or 01661 872555 (emergency) 999
 Early Help Outreach Advice: 0191 4246210
 Mrs Hammill, Designated Safeguarding Lead:
hammillc@stjosephs.uk.net
 0191 428 2700 or 07535836082



If you would like to speak to your child’s Head of House for support you can contact:
 School: 0191 428 2700
 Mrs Berry, Aidan House: berryb@stjosephs.uk.net
 Mrs Coyles, Bede House: coylesk@stjosephs.uk.net
 Mr Leask, Cuthbert House: leaskm@stjosephs.uk.net
 Mrs Hardy Jones, Dunstan House: hardyk@stjosephs.uk.net



If you need support with your child and their SEN needs contact our SENCO: Miss Donnelly
donnellyr@stjosephs.uk.net
 0191 428 2700



Our local food banks can be contacted for support:
 Hebburn Helps, Campbell Park Road, Hebburn: 0191 4899707
 New Hope Church, South Shields: 0191 4245462
 Hospitality and Hope, South Shields: 0191 4203336