

ST. JOSEPH'S

Faith
Learning
Respect



JOURNAL

Friday 10th
July 2020

Message from the Head

Welcome to the penultimate special edition of the Journal. As the end of term draws ever closer, myself and the Senior Leadership Team are finalizing the planning for welcoming all students back safely in September. I will be writing to parents early next week to share our plans for our full re-opening.

Our Year 10 and 12 students have all received letters informing them of the assessment plans for early in September - if you did not receive the link to this letter please see our website or Facebook page. End of Year Rewards have also been posted home to students in Years 7-10, well done to all students who have received an award from their tutor or Head of House.

Next week we look forward to a wide variety of Enrichment activities, including the PE takeover day on Wednesday 15th July and our 'Spirituality Day live' on Friday 17th July. Take care and enjoy the rest of the Journal. *Mr Mitchell*

Reflection

In this Sunday's Gospel we hear one of my all time favourite Gospel stories; namely the Parable of the Sower. Have a watch of this awesome animation version:



<https://www.youtube.com/watch?v=Tb7bvF5Ucrk>

In this parable a farmer sows his seeds ready for the harvest. Some fall on a rocky path and are eaten by birds. Some fall into rough, barren soil. They grow but the soil is so tough they don't get enough water and the sun burns them. Some seeds fall into thorny soil and the thorns choke them. Yet some seeds fall into fertile soil and go on to bear much fruit!

Jesus teaches that God has tried to sow seeds of faith, love, compassion, mercy and justice in each of us. Will they grow? Well that depends upon who we choose to be. Are we the rocky path—do we put up resistance to these gifts? Are we barren soil—do we not want these gifts to grow? Are we thorny ground—do we deep down want them, but because of peer pressure we put up barriers to them growing? Or, are we fertile soil—people who want and allow God's gifts to flourish inside us.



God loves each of us for who we are and he gives us all the same spiritual gifts. So this week try and be the fertile soil—be grateful for the gifts God has given us and grow into the crop God is calling you to be. Amen and God bless.

#homestudyheroes

Lots of you have been busy in the kitchen again, practicing your DT skills. Here is one of your chocolate cakes - it looks delicious!



Remember it is Enrichment week next week. Make sure you have joined your House Google classroom. There are details on the next page with the correct codes to use.

SAFEGUARDING

Mrs Hammill, Deputy Headteacher
Pastoral.

07535836082

hammillc@stjosephs.uk.net

Work mobile: 07535836082



Sixth Form Prefects

I'm really pleased to announce that our prefect team for 2020-21 will be led by Isabel Young and Joshua Mitchell. It was a close run contest in which Izzy and Josh just finished slightly ahead. You will know them as the 'faces of St Joseph's website' and I am sure they will do an excellent job in the role as Head Girl and Boy. They will be assisted by Rebecca Devine and Megan Shiell as their deputies and I am sure they too will succeed in running projects in the Sixth Form and wider school communities. Huge congratulations to all four students and I look forward to an exciting, busy and rewarding Year 13 together. Well done Izzy, Josh, Megan and Rebecca! Mrs Kerr



Wellbeing

Every story has an end. But in life, every ending is a new beginning.
-Uptown Girls



As the summer holiday approaches, we have been thinking about endings. Along with our year 11's and year 13's, there will

be others leaving our school community and we will not have been able to say 'good-bye' in our normal way. Endings can be sad, but they also can help us to recognise what we have, often highlighting the good; a last bite, a last chapter, a last lesson. Every day, good things in our lives come to an end and this is normal. Research says that endings are really important for our well-being. It suggests that by knowing things are coming to an end - a change of school, moving home, an end of a relationship—we are able to better appreciate them before they actually end.

Even if you look forward to a particular ending, once it's passed, you may find yourself missing it or just struggling to learn how to act or behave in a new situation. How things are, *will* change, and you may need to reorganise and change parts of your life because of this. Even if you've been looking forward to an ending, you may still find this change to be stressful. Understanding the importance of life's endings, both those that you choose and those that you don't, can give you the opportunity to understand yourself better, and once you are used to the new changes this brings, you can begin to enjoy the new chapter in your life.

DT Challenge: Rock buns

200g Self raising flour, pinch of salt, 110g margarine, 50g sugar, 130g currents/cherries or dried fruit, 1 egg, 1 tsp mixed spice and a little milk to mix.



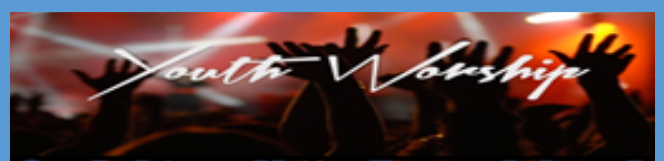
Heat oven to 200c Gas mark 6. Mix flour, salt and mixed spice into a bowl. Rub in softened margarine until it looks like bread crumbs. Stir in sugar, dried fruit. Make a well in the middle of the mixture and add the egg and milk. Bring the ingredients together to make a dough. Make 12 mounds and bake for 15 minutes.

Don't forget to wash your hands before and after and ask an adult for help with the oven if needed.

#STJ PE Takeover

On 15th July it is PE Takeover day. Make sure you have joined your House Google classroom for your first challenge being posted at 10am.

Get your warm up plans from the first weeks of #homestudy at the ready!



Spirituality Day Live!

On Friday 17th July, St. Joseph's will be holding its termly 'Spirituality Day Live' on your house Google Drive.

Log on from 8:30am on the 17th July for music, prayer, faith challenges, games, activities and reflections.

The theme of the day will be 'becoming who God has called us to be' and we really hope you can join us for some faith based fun, reflection and spiritual development. God bless.