



Message from the Head

Welcome to the latest edition of our Journal as we come to the end of the 9th week of school closure. This would have been the second week of the GCSE and A-Level exams for pupils in Year 11 and Year 13. It is quite strange to see the sports hall empty at this time of year. Next week is half term of course. It's strange how the weeks seem to all run together. Feel free to take a rest from your Google Classroom activities and enjoy some nice early summer weather (hopefully). New work will become available from June 1st, so watch out for the messages from your teachers. We still await confirmation from the Government about secondary schools offering some face-to-face support for Year 10 and Year 12 students. Hopefully, we will all know by the time the next newsletter comes round. Remember, if you have any issues with the on-line classroom materials to refer to the instructions on the 'Home Study Portal' and send any enquiries to homestudyhelp@stjosephs.uk.net. *Mr Mitchell*

Reflection



This week in America, a Catholic priest called Fr. Pelc made international headlines for coming up with a new way to baptise babies and bless his parishioners—by using a squirt gun and squirting them with holy water as they drove by his church with the car windows wound down! Despite churches being shut down during lockdown examples like Fr. Pelc's drive-by blessings show the amazing way that faith is staying alive and indeed growing. Before Jesus died, one of the last things he said to his disciples was 'I am the True Vine, remain in me and I in you and you will bear much fruit'. So here whilst our church buildings may be closed, our faith is deeper than ever—it has been such a blessing to hear and witness the prayers you have been saying and writing for each other! So this week I pray that we will continue to all find creative ways to worship, I pray that we all keep our faith in Christ and that God supports everyone of you and your families with his love, grace, mercy and strength. Praying for you all! God bless and stay safe!

The Feast of Jesus' Ascension

On Thursday 21st May in the catholic calendar we mark the feast of the ascension.

This is the day when we mark Jesus ascending into heaven 40 days after his resurrection from the dead. Check out this awesome cartoon to find out more.

<https://www.youtube.com/watch?v=UcFw8pLBSIo>



Wellbeing: Relaxation

Relaxation is a skill and like other skills it improves with practice. Just five minutes a day can help to lower stress levels. It is more effective to practice relaxation techniques when you are calm at first, until you master them.

Click on the link and watch the 8 tips to relaxation from [Mind](#) and try one each day over half term:

- Take a break away from normal routines
- Focus on your breathing
- Listen to music
- Picture yourself in a relaxing place
- Try active relaxation
- Use a guided relaxation exercise
- Get creative
- Spend time in nature

8

Relaxation tips to help you look after your wellbeing when you're stressed, busy or worried.

SAFEGUARDING

Mrs. Hammill, Deputy Headteacher Pastoral.

07535836082

hammillc@stjosephs.uk.net



#homestudyheroes

Examples of your home study

Year 8 have been devising Shakespearean insults as part of their work on *Romeo and Juliet*. Some very inventive ones below:

Thou beslubbering onion-eyed canker-blossom!

Thou dankish bat-fowling coxcomb!

Thou fen-sucked dizzy-eyed foot-licker!



Name: Friar Laurence

Occupation: Monk

Hobbies: He often takes care of his herb garden and can often and can make different potions and drinks.

Words to describe his personality: Trustworthy, nice, compassionate, loving friend, understanding.

Views on love: He disapproves of people who love for looks but appreciates men who fall in love with women because it's their heart which is loving and not their eyes. As well as that, he believes that true love is capable of overcoming any hatred which comes their way.

In a film he would be played by: Friar Laurence would be played by Danny DeVito in the movie Hercules. He plays the character Phil in the movie Hercules which is a half god/half human but he also brings Hercules and Meg together like how Friar is going to bring Romeo and Juliet together.



School Provision reminder

Following government guidance our school is supporting the children of key workers and those who are vulnerable with a place at school. We are aware that some employers are encouraging their staff to potentially return to work, but we are unable at this time to extend places to other children until we receive further government guidance.

We fully appreciate the continued support and patience of our parents and students at this time.



Online safety at home

SIMPLE 15 MINUTE ACTIVITIES TO DO WITH YOUR CHILD

Activities for 11-13s

Number 5, 19/05/2020

Activity 1: Friends, frenemies and fakers

- Read the Thinkuknow article on 'Friends, frenemies and fakers' – www.thinkuknow.co.uk/11_13/need-advice/friends-frenemies-and-fakers/.
- Divide a sheet of paper in two by folding it or drawing a line down the middle.
- Fill one side of the sheet with the features of a healthy friendship (e.g. trust) and the other with the features of an unhealthy friendship (e.g. pressure).
- Imagine your friend is talking to someone online who isn't always kind to them. Write your friend a message with three pieces of advice to help them deal with their 'frenemy' and get support.

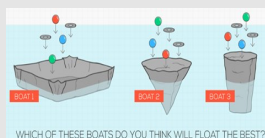
DT Challenge

Making boats float

You will need kitchen or tin foil and some weights. Pennies are great to use but marbles, blue tac or small stones are fine too.



Cut a piece of tin foil 5 x 6 inches. Fold up the sides of the boat so it will not sink and so it can hold a cargo of pennies. Place the boat in the bowl of water, sink or bath. ... See how many pennies your boat can carry before it sinks.



WHICH OF THESE BOATS DO YOU THINK WILL FLOAT THE BEST?

Ask your adult to have a go and try this experiment with them. Now create different designs thinking about shape and sizes. Take a photo and send it to homestudyhelp@stjosephs.uk.net

Faith Competition

Faith Competition:

In the style of Fr. Pelc and his squirt gun blessings, design your own creative and unique way to worship! The wackier and inventive the better!

Send your ideas/drawings/explanations to Mr. Young and there will be a prize for the best one by Friday 29th May to YoungA@stjosephs.uk.net



St Joseph's Alumni: Can you help?



This summer's termly sports bulletin will reflect on our annual track and field sports day, which since the early 1990's has taken place at Monkton stadium in Jarrow. I want this edition to share stories, anecdotes, achievements and celebrate this much revered annual event. Do you still hold a sports day record? Do you have photographs of previous events? Are you a previous Victor/Victrix Ludorum winner? Do you have Champion (Blue), Fisher (Green), More (Red) and Percy (Yellow) stories you want to share? If so please get in touch with Mr G Rudd at ruddg@stjosephs.uk.net.

U15 Boy's Football News

Grassroots football is currently experiencing an unprecedented period of disruption due to the covid-19 pandemic. Quite rightly the focus is on staying safe and adhering to Government social isolation guidelines. Taking this into consideration, Durham FA, with regret, has made the decision to CANCEL the final of the Under 15 Londonderry County Cup for 2019/20.

St. Joseph's were due to play Cardinal Hume in the final on March 30th at Maiden Castle, Durham. Durham FA officers have deemed both teams winners, with each finalist school having their name engraved on the cup. Never before in the cup's 112 year history has this happened.

The competition was started in 1908. The only other time the competition has been cancelled was 1939-1945, during the Second World War.

St. Joseph's have won the U15 Londonderry Cup 5 times. The last time being 6 years ago in 2013/14. It'll be nice to bring the cup to St. Joseph's for the 6th time, but I know the players and I would have preferred to play the final. We've had a string of great results throughout the competition; being victorious over some of the best teams throughout our neighbouring counties from North Tyneside down to Durham.

Congratulations go to the following students who play for the U15 (year 10) team:

Olly Bainbridge (captain), Ben Branch, Cameron Inglis, Joseph Adams, Declan Johnson, Taylor Obee, Adam Lansdell, Louis Powell, Daniel Joyce, Luke Duffy, Dylan Archer, Dillon Cummins, Luke Stanley, Daniel Potts, Lewis Rutherford and Stevie Burr-Ryder.

It's a privilege to manage and watch such a talented group of players as they play 'the beautiful game'. They work tirelessly for each other, demonstrating what can be achieved through determination, hard work and great communication.

Mr Obee



U14 Girl's Football News

Following on from the brilliant news about our Year 10 boys in the U15 Londonderry County Cup, I would like to congratulate the U14 girl's football team in also being awarded the joint County Cup winners title.

Funnily enough, our final was also due to be played against Cardinal Hume, and although the girl's trophy doesn't have as long a history as the boys, this will be St. Joseph's first time of winning.

The squad scored a total of 22 goals, conceding none throughout their campaign, meaning that the final would have proven to be an exciting one. I am sure you will join me in saying a massive well done to the following Lionesses of the future:

Sophie Greener (Captain), Sophie Perry (GK), Eve Parker, Ruby Blackburn, Rachel Ross, Katie Chisholm, Olivia Hall, Erin Stephenson, Ruby Smith, Lucy Purvis, Lucy Furniss, Megan White, Katie Sewell, Kate Wold, Rosie Hall.

This has been another successful season for the talented group of players, and it is only fair that they see some silverware to show for their efforts. I am sure you are all looking forward to getting back to playing, and so until then stay safe and stay fit!

Miss Berry

THE 'PROJECT OF HOPE'

Welcome to St. Joseph's Art Department 'Project of Hope', an art competition for all members of our school community in 2020. (Also welcoming the newest members of our school family who are still in year 6.)

The aim of the project is to create a piece of art which celebrates the strength of our school community and the new academy trust. We hope it will recognise your amazing strength, determination and humour. Here at St. Joseph's we celebrate diversity, so we encourage you to enter artwork of any kind, digital or traditional, on the theme of **HOPE!**

Simply email a photograph of your work for a chance to be part of this special exhibition.



Photographing your work



Use a clear background
Bright lighting (or by a window)

High Quality Image
JPEG or PDF format
Digital work can be submitted directly without the need of photographing



Closing date - Friday 29th
May 2020



Email your JPEG or PDF with your name and year group to ArtComp@stjosephs.uk.net

We hope you enjoy looking at, talking about and making your own art.

Year 11 Message from Mr Mather

In September 2016, I met my new year group with more than a little trepidation. I had spent the previous five years with a super group and I wanted to enable you to become the same over your five years. Circumstances meant that we only spent one year together while I was your Head of Year but what a year it was! You were a lovely group for the whole year and, as is always the case, while there were a few little hiccups along the way, you found your way through Year 7 successfully and I was very proud of you all.

Since then, I've had the pleasure of teaching History to most of you as well as observing you from afar and I can truly say that you have grown into a group of fine young people ready to take on the world and I remain proud of you.

I hope you have many fond memories of Year 7 and, indeed, all your time at St Joseph's so far and I very much look forward to teaching many of you next year in Sixth Form.

One final thing... sorry about including the photos... it had to be done!

All the very best,
Mr. Mather



Class of 2020

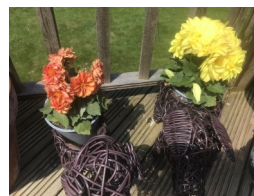
Learning new skills

Here is Mr Obee's latest GCSE Physics explained video.

https://youtu.be/OPti4y_teVg

Mr Obee has been learning new editing skills to make his videos more engaging. He's been learning 3D animation using software called BLENDER. It's open source and FREE to download on the internet. Equivalent software costs thousands of pounds per year! It's professional standard. It is used in blockbuster movies to create CGI. It's great for any aspiring game designers, graphic designers, internal designers, architects, engineers, etc. It's not easy to learn, but like anything worthwhile, you've got to work hard and keep going.

Mrs McEwen's flowers



Mrs McEwen is very pleased with herself! During the period of lockdown she has managed to grow these plants. She is not known for her green fingers - she actually killed the plant in

the English office!

