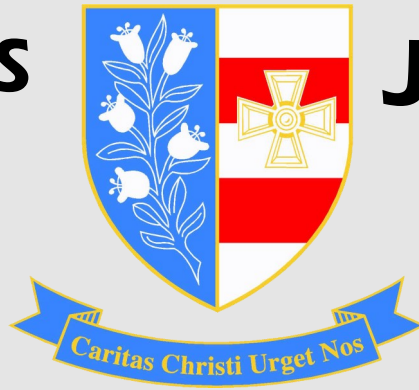


ST. JOSEPH'S

Faith
Learning
Respect



JOURNAL

Friday 3rd
April

Message from the Head

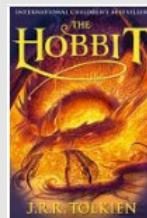
Well, here we are at the end of week 2 of the school being closed. I hope you and your family are well and in good spirits. We are all having to adapt to new ways of working, socialising and coping with the challenges that we are facing. School has been very quiet again during the week as we follow government guidelines and stay at home. We continue to have school work posted onto the website and hopefully you have been able to work your way through this. It is important that you do what you can to keep yourself up to date. The Easter break is coming up and this marks the most important celebration in the Christian calendar – although nobody will be going to church this year for the first time in modern history. Perhaps we all need to say a prayer or two for our loved ones and for those suffering at the moment.

Enjoy reading through the journal and Happy Easter to one and all.

Mr Mitchell

The week's book recommendation: The Hobbit

Woven into the very fabric of the national consciousness, Tolkien's staggeringly realised Middle Earth plays host to dwarves and dragons, Gollum and Gandalf amongst many others. With The Hobbit, British fantasy fiction soared onto another level and its influence and echo resound through every major work of the imagination written since. The prelude to The Lord of the Rings, The Hobbit has sold many millions of copies since its publication in 1937, establishing itself as one of the most beloved and influential books of the twentieth century.



Careers Info

Use these websites to carry out research about different types of jobs, and the skills and qualifications needed to do them!



<https://www.careerwave.co.uk/insights>

<https://www.getingofar.gov.uk/>

<http://www.careerpilot.org.uk/>

<https://careerboss.co.uk/>

<http://www.careers.org/research>

<https://www.bbc.co.uk/bitesize/careers>

Reflection

This Sunday marks the beginning of the most important week in our liturgical calendar. A week that remembers the ultimate act of love that the world has ever seen. The week where we mark our servant-messiah's sacrifice for us, so that we might be reconciled with God our Father. Through his blood we are redeemed. Through his love we have hope to share in eternal life. This week we ask you to join us spiritually as we reflect each day on the events that truly transformed our lives both in this world and the world to come. Have a watch of this clip to begin our reflections for the week. Amen and God bless.



<https://www.youtube.com/watch?>

'I will be moving back down to Teesside after Easter so will no longer be teaching at St Joseph's. I wanted to say a huge thank you to everyone who has made me feel part of the St. Joseph's community. I have loved working with the young people of St Joseph's, finding them inspiring. I wish everyone the best in their future endeavours and hope to hear of their success and joy in years to come.'

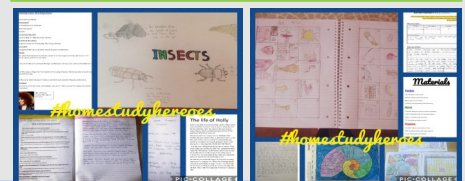
Mrs Fryett

SAFEGUARDING

Mrs Hammill, Deputy Headteacher Pastoral

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Why St. Joseph's?

In October Mr Berry spoke to a room of over 350 members of our Education Trust. He was asked to speak about our school and what St. Joseph's meant to him. During this challenging situation it seemed like the right time to share his thoughts with you.

'Why me? Well I have worked at St. Joseph's since September 1986. 33 years. Before then I was a student at the school, I started in the first year in 1974. I am one of four brothers and a sister who all attended St. Joseph's. My eldest brother came to the school in 1969. My youngest brother was in sixth form when I started so I can say that there has been a member of my family at the school for the last 50 years. That is a lengthy pedigree.

So, what is there to be proud of at St. Joseph's?

Staff. Like every school we work hard to make everyone feel welcome and valued. We want all who come to St. Joseph's to achieve individual success. There will always be those who stay for a while and then move on. We have some ex-pupils and staff who go on to achieve great things. Our very own Mrs Hammill started her career as a PGCE student with us. We have lots of in-house success stories: Miss Berry in PE, Mrs Whyte in Maths, Miss Cairns and Miss Oliver in Science are all past pupils. Mrs Kilgour, our Chair of Governors, is a past pupil.

So, we must be doing something right!

Then, of course, there are our students. There is no denying we have been through some very challenging times recently. But some of us have never given up faith in the students we work with. We stuck at it because we believed in our students and they have repaid that faith.

I am certain the best is in front of us.' *Mr K Berry*

Lockdown Corner

As we come to the end of the Spring term, you could use your time in lockdown to learn a new skill.

Learn to touch-type

Are you sick of using a single finger to type? Do you want to be able to type faster? Have a look at typingclub.com. Take the test to see what level you are beginning at and earn rewards as you get faster and more accurate.

DT Week 1 Food: Fruity Flapjacks

150g Porridge oats, 50g Sugar, 50g Margarine, 2x tablespoons Golden syrup, 75g dried fruit. You will need to line the tray with foil or baking parchment.



Pre-heat oven 180c or Gas 4. Place the oats and dried fruit in a bowl. Place the margarine, sugar and syrup in a pan. Heat gently, stirring with a wooden spoon until all is melted and dissolved—do not boil. Pour onto the oats and mix. Pour the mixture and flatten into the tray. Bake for 15-20 mins and cut into triangles whilst still hot! Enjoy. (Ask an adult to help you when you are melting the ingredients and using the oven. Remember - always wash your hands before and after).

Fold a lampshade

Esther Thorpe, founder of OrigamiEst.co.uk is running Mini Make courses on her Facebook page on Wednesdays at 7:30pm.

Send your pictures to us at homestudyhelp@stjosephs.uk.net

'After the Easter break I was due to leave St Joseph's and begin work at a new school. As it turns out I'm not sure when my new job will actually start. However, I'd like to take this opportunity to say goodbye to students and colleagues. It has been a pleasure to teach at St Joseph's for fourteen years and to be part of an amazing department. I wish you all a fond farewell and look forward to hearing about the future successes of the school. Take care of yourselves during this difficult time.' *Mrs Rees*

Nature Corner from Mr Thomas

Just because we are staying at home doesn't mean we miss out on the natural world around us. There is still plenty to see from our windows or sitting in our gardens and yards. Many birds are flocking back into towns due to reduced traffic and pollution. It is helpful to put out old scraps of food (not on the ground to avoid attracting rodents) but you don't have to. Here are some species to look out for this week together with Points you can award yourself with:

Starling

These lively birds have an unmistakable song, consisting mainly of clicks and whirring sounds, as well as loud whistles. Starlings may look black from a distance, but in spring, seen in the right light, the males have a glossy green and blue sheen. They nest behind drainpipes or in holes in trees. **20 Points!**



House sparrow

Male house sparrows, with their grey cap and black bib, are quite different from the plain brown females. These well-known birds are scarcer than they used to be in town gardens, although they are still seen regularly in rural gardens. Males sit in gutters, endlessly making their loud spring chirp. **10 Points!**



House martin



These little black and white birds, with a small forked tail, build their mud nests under the eaves of houses and live, like swallows, mostly in the air. Their nests frequently look down on a street or garden. House martins fly jerkily over the rooftops, making clicking calls. They spend the winter in the great forests of South Africa, but no one knows exactly where. **30 Points!**

Sparrowhawk



Sparrowhawks often come into gardens when hunting small birds. The female is larger and more powerful than the male, and looks fiercer. She is brown with barred underparts; he is blue with reddish bars. You may think they are difficult to see – they are but they tend to sit on fences or branches then swoop down on smaller birds. They are now much more common than they used to be! **100 Points!**

If you spot any of these birds email nature2020@stjosephs.uk.net to tell us your story and claim your points!

Kooth.com

Online support for young people

We would like to remind you of the availability of our online service to support the **wellbeing** and **resilience** of your students.

Kooth is a web based confidential support service available to young people. Kooth provides a safe and secure means of accessing mental health and wellbeing support designed specifically for young people.

Kooth offers young people the opportunity to have a text-based conversation with a qualified counsellor. Counsellors are available from 12noon to 10pm on weekdays and 6pm to 10 pm at weekends, every day of the year on a drop-in basis. Young people can access regular booked online counselling sessions as needed. Outside counselling hours young people can message our team and get support by the next day.

When students register with Kooth they will have support available to them now and in the future. Support can be gained not only through counselling but articles, forums and discussion boards. All content is age appropriate, clinically approved and fully moderated.

To find out more visit kooth.com where young people can register and others can find out more about the service.



kooth