

Home Study Timetable

How to learn tick list:

- Quiet environment?
- No distractions
- Equipment prepared?
- Goals set?

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Goal for the day					
9-10am					
10-11am					
Break time 15 mins					
11.15-12.15pm					
Lunch Time 1 hour					
1.15-2.15pm					
Break time 15 mins					
2.30-3.30pm					
Goal achieved?					

Don't forget that if you're having trouble with any tasks, or if you want to share a piece of work with us, the email address is homestudyhelp@stjosephs.uk.net.