



## 20:20 things to do when you're at home: more information



This is the first of our **#stjosephs20** challenges.

You have 2 weeks to complete all 40 tasks, 20 indoors and 20 outdoors. Don't worry if you haven't got an outdoor space - just do the indoors ones. Your next challenge will appear on 6<sup>th</sup> April.

Complete all of the tasks, photographing completed tasks. Where possible convert multiple photos into collages.

Parents/Carers then need to email your photos to [stjosephs20@stjosephs.uk.net](mailto:stjosephs20@stjosephs.uk.net)

### **Indoor Tasks:**

Create a cake – this does not have to be a baked cake. Get creative!

Build an indoor den – use what you have indoors to make yourself a den.

Make a blu tac sculpture – if you have no blu tac use play dough.

Make a sock puppet – we all have odd socks lying around, use one to make your puppet. Make sure you give your puppet a name!

Make up a joke that makes a minimum of three people laugh.

Make a 'thankful' jar – use a clean jar and small pieces of paper. Every time you are thankful for something write it down and stick it in the jar. When this is over look back on all the things that made you thankful.

Play hide and seek – only hide where your parents are happy for you to be.

Find out the unit of currency in five non-EU countries – how much would £1 be worth?

Do a household chore – this could be anything from washing the dishes to cleaning the windows.

Write and post a letter to someone that can't be with you

Make up a 15-minute exercise plan

How many flags can you find containing the colours red, white and blue?

Learn how to fold an origami duck or swan – video tutorials on YouTube.

Keep a wellbeing journal for one week – find a note book or piece of paper and write a journal entry each day for a week.

Find an inspirational quote that means something to you

Make up a 500-word story that leaves us in suspense...

Learn a new tiktok

Make up three new 3-letter acronyms – for example, Laugh Out Loud - LOL

Learn how to say 'hello' in eight different languages – English cannot be one of the 8 languages.

Learn to count backwards from ten in Spanish

**Outdoor tasks:**

Make and complete an obstacle course – using your outdoor space, and anything you have that can be an obstacle, create a course and then complete it.

Grow a flower – what type of flower will you grow? A plastic one?

Create a treasure hunt – hide some items in your outdoor space and draw a treasure map, then ask someone to follow the map to find the treasure.

Decorate a pebble – pick a pebble and decorate it with a message of Hope

Complete your 15-minute exercise plan each day for a week – using your 15-minute plan you designed indoors, complete your plan each day.

Identify 3 constellations of stars – when it is dark look to the sky and see if you can identify the plough or Orion's belt.

Photograph five different types of leaf – gather 5 different leaves and take their photo.

Do a mini-beast hunt (but be kind to them!) – how many different types of minibeasts have you got in your outdoor space?

Make up a limerick inspired by your surroundings – a limerick is a 5-line poem.

Photograph a pink flower

Hang out the washing – do your parents/carers a favour and get the washing dry for them.

Make and play an outdoor noughts and crosses game – using items in your outdoor area make a noughts and crosses grid then other items to represent your noughts and your crosses

Photograph something showing Fibonacci's sequence – Fibonacci's sequence is found by adding together the previous 2 numbers. It is the pattern that creates a spiral.

Using sticks and stones write 'Hello' in Morse Code for someone to find.

Spend 10 quiet minutes listening to birdsong sit, lie or stand quietly and listen to the sounds of nature.

How many pebbles / stones can you stack before the tower topples?

Build an outdoor den

Make an outdoor 'telephone'

Learn to juggle three balls

Wear odd shoes until somebody notices – how long did it take??

***Watch out for your next challenge which will be launched on 6<sup>th</sup> April 2020***