

20:20 things to do while you're at home

Those beginning with I are indoors, those with O are outdoors

I1 Create a cake

I7 Play hide and seek

I13 Learn to fold an origami duck or swan

I19 Learn how to say 'hello' in 8 languages

O3 Create a treasure hunt

O9 Make up a limerick inspired by your surroundings

O15 Spend 10 quiet minutes listening to birdsong

I2 Build an indoor den

I8 Find out the currency of 5 non-EU countries

I14 Keep a wellbeing diary for a week

I20 Learn to count backwards from 10 in Spanish

O4 Decorate a pebble

O10 Photograph a pink flower

O16 How many stones can you stack before the tower topples?

I3 Make a blu tac sculpture

I9 Do a household chore

I15 Find an inspirational quote that means something to you



#stjosephs20

O5 Complete your 15 minute exercise plan each day for a week

O11 Hang out the washing

O17 Build an outdoor den

I4 Make a sock puppet

I10 Write & post a letter to someone who can't be with you

I16 Write a 500 word story that leaves us in suspense...

O6 Identify 3 constellations of stars

O12 Make and play noughts & crosses game

O18 Make an outdoor telephone

I5 Make up a joke that makes 3 people laugh

I11 Make up a 15 minute exercise plan

I17 Learn a new TikTok

O1 Make and complete an obstacle course

O7 Photograph five different types of leaf

O13 Photograph something showing Fibonacci's sequence

O19 Learn to juggle 3 items

I6 Make a 'thankful' jar

I12 Find out how many country's flags contain the colours red, white AND blue?

I18 Make up three 3 letter acronyms

O2 Grow a flower

O8 Do a mini-beast hunt (be kind to them)

O14 Using sticks and stones write 'Hello' in Morse Code.

O20 Wear odd shoes until someone notices.